



Crisis Intervention Training Spring 2023 Syllabus

Session 1 – Saturday, March 11 - 9am-4pm

9am-9:15am

- Welcome & Expectations

9:15am-10:15am

Speaker: Stephanie Fischer, CBV Executive Director

- Agency Philosophy (15 min)
- Agency History & Service Standards (15 min)
- Agency Funding Sources (15 min)

10:30am-12:00pm

- The Facts of DV – Definition & Stats (15 min)
- History of DV/DV Movement/Grassroots Advocacy (15 min)
- Cycle of Violence, Power Wheel, Equality Wheel (15 min)
- Forms of DV (15 min)
- Red Flags/Signs To Look For In An Abusive (15 min)
- Gaslighting (15 min)

Lunch 12:00pm-12:30pm

12:30pm-2:15pm

- Dilemmas in Leaving An Abusive Relationship (30 min)
- Misconceptions & Realities of Domestic Violence Survivors Relationship (30 min)
- Gender Roles in Society/Attitudes Towards (45 min)

2:15pm-4:00pm

- Movie: *The Mask You Live In* (full length movie) (1.5 hours)
- *The Mask You Live In* Discussion (30 min)

Session 2 – Saturday, March 18 - 9am-4pm

9am-9:15am

- Check-in

9:15am-12:00pm

- What Is Crisis Intervention? (30 min)
- Guiding Principles For Counseling Survivors (30 min)
- Goals of Peer Counseling/Empowerment Wheel (45 min)
- Advocate Counseling Skills & Active Listening Techniques (30 min)
- Nonverbal Communication & Empathetic Response Leads (30 min)

Lunch 12:00pm-12:30pm

12:30pm-1:30pm

- Needs, Safety Assessment and Survivor Options (15 min)

- Confidentiality & Client/Counselor Confidentiality (30 min)
- Advocate Role Clarification (15 min)

1:30pm-2:45pm

- Survivor-Centered and Trauma Informed Principles and Techniques (60 min)

2:45pm-4:00pm

- DV Call Flow Chart (15 min)
- Role Plays

Session 3 – Tuesday, March 21 – 5:30pm-8:30pm

5:30pm-5:45pm

- Check-in

5:45pm-6:30pm

- Impact of Domestic Violence on Children & Youth (15 min)
- Mandated Reporting & Domestic Violence Peer Counselors (15 min)
- Teen Dating Abuse (15 min)

6:30pm-7:15pm

- Adverse Childhood Experiences (ACEs) (15 min)
- *Activity:* Complete the ACEs Questionnaire (15 min)
- Discussion of Your Number Story (15 min)

7:15pm-8:30pm

Speakers: Marah DeFlavia, Prevention Supervisor and Dree Shively, Youth Community Organizer

- Prevention & Close To Home (Youth) - (1 hour, 15 min)

Session 4 – Saturday, March 25 – 9:00am-4:00pm

9am-9:15am

- Check-in

9:15am-12:00pm

- Foundational Concepts: Culture, Oppression, Discrimination, Prejudice, Cultural Racism and Privilege (60 min)
- White Supremacy Culture (15 min)
- Cultural Consideration In Providing Services To Marginalized Groups Domestic Violence & Sexual Assault – From Awareness to Humility (60 min)
- Implicit Bias, Microaggressions and Impact On Advocacy (30 min)

Lunch 12:00pm-12:30pm

12:30pm-1:30pm

- Activity: Privilege Quiz
- Privilege Quiz Discussion

1:30pm-2:45pm

Speaker: Carly Pacheco, Executive Director, FREED Center For Independent Living (To be confirmed)

- Differently Abled – FREED History and Services

2:45pm –4:00pm

Speakers: Callum Hancock, CBV Prevention Adult Organizer and Allison Rivers Samson and Max Eckerling, Nevada County Community Action Team Volunteers

- Local Organizations: Color Me Human & Nevada County Pride
- Nevada County Community Action Team

Session 5 – Saturday, April 1 – 9:00am-4:00pm

9am-9:15am

- Check-in

9:15am-10:45am

- California Evidence and Penal Codes – Domestic Violence (30 min)
- Marsy’s Law – Victims’ Bill Of Rights (30 min)
- Confidentiality of Records and Subpoenas (15 min)
- Agency Policy If Advocate Excluded From A Process (ex: interview, exam) (15 min)

10:45am-12:00pm

Speaker: TBD

- Protective Orders (EPO, TRO, CPO) (60 min)

Lunch 12:00pm-12:30pm

12:30pm-1:00pm

- Domestic Violence and Traumatic Brain Injury (30 min)

1:00pm-2:00pm

Speaker: Mimi Greminger, Child Protective Services

- Child Protective Services

2:00pm-3:00pm

Speaker: Lori Nunnink, Nevada County Victim Witness

- Victim Witness & Government Claims Board

3:00pm-4:00pm

Speaker: Kim Leland, Elder Abuse

- Understanding & Responding To Elder Abuse

Session 6 – Tuesday, April 4 – 5:30pm-8:30pm

5:30pm-6:30pm

Speaker: The Honorable B. Scott Thomsen

- Nevada County Superior Court – Family Law Division

6:30pm-7:30pm

Speaker: Marilyn Stahl

- Nevada County Family Court Services

7:30pm-8:30pm

- Resources/Local Referral List and Support Services (15 min)
- Procedures To Access Local Resources and Referrals (15 min)
- Agency Limitations – When Referrals Are Appropriate (10 min)
- Best Practices and Strategies For Warm Referrals and Community Referrals (10 min)

- Agency Policy for Identifying and Handling Prank/Sex Callers (10 min)

Session 7 – Saturday, April 8 – 9:00am-4:00pm

9am-9:15am

- Check-in

9:15am-9:45am

- Mandatory Documentation – Demographic Sheets (15 min)
- Client Data Documentation – Appropriate and Inappropriate (Case Notes) (15 min)

9:45am-10:45am

Speaker: Alissa Navo, CBV Housing Case Manager

- Housing Options and Coordinated Entry
- CBV Safe House and CBV Transitional Services

10:45am-12:00pm

Speaker: Jared Merrill, CBV Safe House Manager

- Prison Rape Elimination Act (PREA)

Lunch 12:00pm-12:30pm

12:30pm-1:00pm

- Stalking – Stanger and Intimate Partner (30 min)

1:00pm-3:00pm

Speaker: Del Phoenix, MSW, ACSW

- Gender Diversity
- LGBTQIA+ Trauma Informed Crisis Response With Queer & Trans Clients
- Relationship Awareness – Kink and Poly Identities

3:00pm-4:00pm

- Role Plays

Session 8 – Saturday, April 15 – 9:00am-4:00pm

9am-9:15am

- Check-in

9:15am-11:00am

- Introduction and Definition of Sexual Violence (15 min)
- History of the Rape Crisis Movement In The United States (15 min)
- Violence Against Women Act (VAWA) (15 min)
- Root Causes Of Sexual Violence (15 min)
- Types Of Sexual Assault (15 min)
- Understanding Consent (15 min)
- What Is Rape Culture? (15 min)

11:00am-12:00pm

- Neurobiology of Trauma (60 min)

Lunch 12:00pm-12:30pm

12:30pm-1:30pm

- Traumatic Reactions To Sexual Assault (formerly Rape Trauma Syndrome) (60 min)

1:30pm-4:00pm

- Cultural Considerations in Providing Services to Different Marginalized Groups (30 min)
- #MeToo (30 min)
- LGBTQIA+ (30 min)
- Awareness of Men/Boys in Reporting Sexual Assault (30 min)
- Native Americans & Alaskan Natives (30 min)

Session 9 – Saturday, April 22 – 9:00am-4:00pm**9am-9:15am**

- Check-in

9:15am-10:15am

- Educational Institutions and SA – Cleary Act, Title IV and Campus SaVE Act (60 min)

10:15am-12:00pm

- Privilege & Confidentiality SA (15 min)
- Supporting SA Survivors – Sexual Assault Forensic Exam and Crisis Call Procedures (30 min)
- Survivor Rights – SA (15 min)
- Crisis Intervention & Sexual Assault (15 min)
- Crisis Intervention With Significant Others (30 min)

Lunch 12:00pm-12:30pm**12:30pm-2:00pm****Speaker: TBD**

- Child Sexual Abuse
- Commercially Sexually Exploited Children (CSEC)
- Persons with Intellectual Disabilities and Sexual Violence

2:00pm-4:00pm**Speaker: Kira Myers – Strangulation Expert and Survivor**

- Strangulation – What Advocates Need To Know

Session 10 – Tuesday, April 25 - 5:30pm-8:30pm**5:30pm-7:00pm****Speaker: Detective Chris Roberds, Grass Valley Police Department**

- Role of Law Enforcement – DV
- Role of Law Enforcement – SA
- Local Law Enforcement Agency Procedures
- Investigation Procedures – DV & SA
- Role of Advocate During the Investigations
- Factors Affecting Decision to Authorize a Forensic Medical Examination, Investigation and/or an Arrest

7:00pm-8:30pm**Speaker: Helenaz Moteabbed Hill, Nevada County Assistant District Attorney (Sexual Assault Unit)**

- Domestic Violence and The Criminal Justice System
- Sexual Assault Laws

- Criminal Justice Process: Medical, Law Enforcement and Prosecutor
- Common Defenses In SA Cases

Session 11 – Thursday, April 27 – 5:30pm-8:30pm

5:30pm-7:30pm

Speaker: Stacy Helliker, NP, BEAR SART Clinic Manager

- Medical: Rights of the Victim/Survivor
- Best Practices and Cultural Considerations Related To Medical Procedures
- Forensic Medical Examination and Evidence Collection (full and abbreviated)
- Consent For a Forensic Medical Exam
- Payment for Expenses
- Survivors' Health Concerns
- Religious and Cultural Issues - Medical Procedures
- Role of Advocate During Medical/Forensic Examinations
- Notification and Agency Response Procedures (including coordination with other service providers)

7:30pm-8:30pm

- Review of SA Call Flow Chart
- Role Plays

Session 12 – Saturday, May 6 – 9:00am-4:00pm

9am-10:30am

Speaker: Corinne Amezcua – Nevada County Suicide Prevention

- Suicide Lethality, Safety Assessments and Interventions

10:30am-12:00pm

- Teen Culture and Risk Factors Overview – (15 min)
- Teen Developmental Considerations - (15 min)
- Intersections Of Sexual Violence and Teen Dating Violence - (15 min)
- Legal Issues and Teens - (15 min)
- Teen Counseling Issues & Concerns - (15 min)
- Marginalized & Underserved Teen Groups - (15 min)
- Vulnerability To Sexual Abuse Within Social Service Systems - (15 min)
- Drug Facilitated Sexual Assault - (30 min)
- *Audrie & Daisy* – Movie Background - (15 min)

Lunch 12:00pm-12:30pm

12:30pm-2:00pm

- Movie: *Audrie & Daisy*

2:00pm-2:30pm

- *Audrie & Daisy* Discussion

2:30pm-3:30pm

- Podcast: *National Public Radio – This American Life: Anatomy of Doubt* podcast -

3:30pm-4:00pm

- Examining Personal Biases and Discussion of Anatomy of Doubt

Session 13 – Saturday, May 13 – 9:00am-3:00pm

9am-9:15am

- Check-in

9:15am-10:45am

- Sex Trafficking: Facts and Warning Signs - (1 hour 30 min)

Break 10:45am-11:00am

11:00am-11:30am

- Military and SA - (15 min)
- Continuing Support – (15 min)

11:30am-1:30pm

Speaker: Schuyler Bright, Holistic Trauma Recovery Institute, Founder & Director

- Counselor Safety, Self-care and Vicarious Trauma
- Coping Skills For Advocates

1:30pm-2:00pm

- Wrapping It Up

2:00pm-3:00pm

- Graduation!